



The state of no-mind is the state of the divine. God is not a thought but the experience of thoughtlessness. It is not a content in the mind; it is the explosion when the mind is content-less. It is not an object that you can see; it is the very capacity to see. It is not the seen but the seer. It is not like the clouds that gather in the sky, but the sky when there are no clouds. It is that empty sky.

When the consciousness is not going out to any object, when there is nothing to see, nothing to think, just emptiness all around, then one falls upon oneself. There is nowhere to go--one relaxes into one's source, and that source is God.

Your inner being is nothing but the inner sky. The sky is empty, but it is the empty sky that holds all, the whole existence, the sun, the moon, the stars, the earth, the planets. It is the empty sky that gives space to all that is. It is the empty sky that is the background of all that exists. Things come and go and the sky remains the same.

In exactly the same way, you have an inner sky; it is also empty. Clouds come and go, planets are born and disappear, stars arise and die, and the inner sky remains the same, untouched, untarnished, unscarred. We call that inner sky "sakshin", the witness--and that is the whole goal of meditation.

Go in, enjoy the inner sky. Remember, whatsoever you can see, you are not it. You can see thoughts, then you are not thoughts; you can see your feelings, then you are not your feelings; you can see your dreams, desires, memories, imaginations, projections, then you are not them. Go on eliminating all that you can see. Then one day the tremendous moment arrives, the most significant moment of one's life, when there is nothing left to be rejected. All the seen has disappeared and only the seer is there. That seer is the empty sky.

To know it is to be fearless, and to know it is to be full of love. To know it is to be God, is to be immortal.

Osho, excerpted from *A Bird on the Wing*

